

# 470 Int. Class Development and support programs 2018

# Report

### **General**

470 International class through the Development and support program each year and since 2006 helps the 470 sailors to participate in events, delivers new or slightly used equipment, reduces their coaching and campaign costs, delivers technical and training advices, coaching and financial support. Most probably is the only Olympic class offering such a support with such a consistency. In 2018 and for the first time, 12.000 EUR were given to our 470 sailors in cash though our support programs. Three major clinics were organized in Portugal, Italy and Greece while coaching advices and support were given to teams during the JWC & JEC events and Aarhus WSC. Finally two 470 masts and rig delivered to our 470 sailors.

470 International class 2019 development and support programs will mainly focus to junior teams and teams from emerging nations "nearly" qualifying for the Olympic Games 2020, but lacking of experience, founding and technical support.

### 2018 Activities and Clinics

Three major clinics were organized during 2018 in Portugal, Italy and Greece.

### 1. Sesimbra Clinic Portugal - Junior European Championship (4 days)

Dates: June 29th – July 2nd, 2018 (10 boats / 6 nations)

The clinic consisted by the following topics:

- 1. Speed test / Boat tuning.
- 2. Starting strategy.
- 3. Short Races.

#### 4. Downwind technics

The training included daily videos and analysis debriefing. Advices and partial coaching was given to some teams during the main event.

Nir Shental an Atlanta 1996 470 Olympian and a very successful international sailor in 420 & 470 was appointed as the instructor of the clinic.

# 2. Bracciano Clinic Italy - Junior World Championship (4 days)

Dates: August 15th - 18th, 2018 (5 boats / 3 nations)

The clinic consisted by the following topics:

- 1. Speed test / Boat tuning.
- 2. Various exercises and technique for the starting line.
- 3. Short / long Races.
- 4. Theory, pre-race analysis & strategy.

Training followed by daily videos and analysis debriefing. Advices and partial coaching was given to some teams during the main event.

Simone Malagugini, a successful 420 and 470 athlete and international coach was the instructor of the clinic.

### 3. Athens Autumn Clinic Greece (11 days)

Dates: December 10th - 20th, 2018 (8 boats / 5 nations)

The clinic consisted by the following topics:

- 1. Boat preparation/check and tuning on shore.
- 2. Kinetics techniques and maneuvers.

- 3. Strategy and tactics.
- 4. Daily briefing/debrief with videos and personal advises.
- 5. Races

The International 470 Class Association provided coaching free of charge and the 470 boat rental at the cost of only € 200 during the whole duration of the 10 days clinic. Dimitris Lekakis, a successful 420 and 470 athlete and international coach was the instructor of the clinic.

### **Support**

## Aarhus 470 World Championship

CZH women's team received full coaching and equipment support (rented boat / coach boat) prior and during the Aarhus 470 Women's World Championship.

# **Equipment Support**

A brand new 470 Super Spar mast delivered to SWE women's team.

A brand new 470 Super Spar rig delivered to GRE junior's team.

### 2018 Financial report

The 2018 expenses of the Development and support program increased further as planned and compared to 2017, in order to help young and senior teams from emerging nations to improve participate in our 470 main events.

The 2018 Development and support program expenditure was 25.889 EUR (codes 32 & 35 of P&L) whereas for 2017 was 21.000 EUR and for 2016 was 5.000 EUR. Almost all the requests that we have received as 470 Int. Class by our sailors were granted. As previously mentioned, for the first time, 12.000 EUR were given to our 470 sailors in cash though our support programs as shown in table 1. Clinics and coaching/support expenses as shown in table 2.

Table 1.

No. Of teams	Nation	Amount EUR	Event
2	ARG	4000	JWC
2	BRA	4000	WSC Aarhus
2	GRE	2000	JEC/JWC
1	TUR	1000	JWC
1	NED	1000	WSC Aarhus

Table 2.

Case	Location	Amount EUR	Event
Sesimbra Clinic	Portugal	2608	JEC
Bracciano Clinic	Italy	2095	JWC
Athens Autumn Clinic	Greece	5686	Clinic
CZH W coaching / support	Denmark	3500	WSC Aarhus

For the period 2019-2024 the 470 Int. class development and support budget will remain high and the support program will expand to new territories.

# 470 Development and support strategy for 2019

# **Budget**

470 Int. class strongly supports Continental clinics, junior and junior mixed teams, emerging nations and talented teams from 420 dedicated to 470 as next step.

Based on the needs and the strategy plan for the 2019 the proposed budget is further increased as shown at table 3.

Table 3.

Action	Amount	Remark
Clinics	12000	Continental
Teams support	10000	Equipment/financial
OG teams	8000	Potential OG teams from emerging nations

Total: 30.000 EUR.

# **Programs scheduled for 2019**

470 International classes announce the support and development programs for 2019.
470 International class supports young athletes and emerging nations through it's programs since 2006. Many athletes benefited by receiving coaching and financial support through those programs.

### A. Financial Support 470 programs

## A.1. 470 Junior Support Program - Grant for Teams

Free entry fee to the 470 Junior European and World championships for specific teams based in 470 MC's strategy plan.

### A.2. Equipment Support programs

Junior teams from emerging nations will be able to buy 470 equipment at 100% or 50% of the actual cost in a form of 470 Int. Class Official discount voucher. Further details will be announced shortly as we are in ongoing negotiations with various manufacturers.

### A.3. JEC & JWC Participation Support program

Junior teams from emerging nations will be supported for participating to our 470 events with free of charge coaching and a supplied rented 470 boat free of charge for the event. In some cases financial support might be granted too.

## **B.** Clinic Series

The 470 Int. Class 2019 strategy related to clinics is changed, as there will be no clinics prior to any 470 junior or senior event. Clinics will be only organized upon request both on and off competition season.

## B.1. Pre-National championship Clinics and coaching upon NCA's request.

Let us know if you are interesting to organize for you a 470 clinic & seminal by renowned 470 coaches prior to your national events. (10 boats min participation). Team coaching during the event might be possible free of charge.

B.2. National 470 clinic and seminars for athletes and coaches upon NCA's request.

Let us know if you are interesting to organize for you a 470 clinic & seminal by renowned 470 coaches in your country during your preferred period.

# B.3. Continental 470 clinic at the Olympic qualifier venue upon NCA's request.

Let us know if you are interesting to organize for you a 470 clinic by renowned 470 coaches in order to technically support and prepare the teams for the Olympic continental qualification event.